

WV DNR Card (Do Not Resuscitate order)

Cardiopulmonary resuscitation (CPR) is an emergency medical procedure for patients whose heart has stopped beating or who have stopped breathing. CPR typically involving machines.

By default, everyone will receive CPR unless you request not to be resuscitated verbally or in writing in your advance care planning forms. EMS providers can only follow DNR orders written in a medical order (such as the WV POST form or WV DNR Card shown to the right).

Many people think CPR is always successful because of the way it is shown in the media. However, the more health problems someone has, the less likely it is that CPR will bring them back to their prior health and abilities.

CPR can be a lifesaving measure for healthy patients who have an unexpected heart stoppage but may not work for patients with serious illnesses.

A DNR card does not prevent you from receiving medical treatment. It only ensures you will not receive CPR if your heart stops beating or you stop breathing.

Talk to your health care provider about your wishes, your health, and whether a DNR card may be right for you (in accordance with your wishes).

If you want to be **kept comfortable and allowed a natural death without CPR or machines**, ask your healthcare provider to complete a Do Not Resuscitate (DNR) order with you. You can only receive a DNR card from your health care provider's office. You should never be given a blank DNR card to complete alone.

Having a DNR card, or any advance care planning form, is always voluntary. You cannot be required to have any advance directive or medical order.

Having a DNR card is always voluntary.

VERIFICATION OF DO NOT RESUSCITATE ORDER

Dear MD/DO/APRN/PA:

Please complete this card and with the permission of the patient, FAX the entire card to the WV e-Directive Registry, then detach at the perforation, give the bottom of the card to the patient, and keep the top in your records.

REGISTRY FAX: 844-616-1415

Last Name/First/Middle Initial: (Print legibly)

Mailing Address:

City/State/Zip:

Date of Birth (mm/dd/yyyy)

Last 4 SSN

Sex

 M F

Date:

DO NOT RESUSCITATE ORDER

As treating provider of _____

(patient name)

and licensed MD/DO/APRN/PA, I order that this person **SHALL NOT BE RESUSCITATED** in the event of cardiac or respiratory arrest. This order has been discussed with _____ or his/her representative _____ or his/her surrogate decision maker _____ who has given consent as evidenced by his/her signature below.

MD/DO/APRN/PA Full Name (Printed) _____

MD/DO/APRN/PA Signature _____

Address _____

Person/Surrogate Signature _____

Address _____

Date of Birth (mm/dd/yyyy)

Last 4 SSN

Sex

 M F

West Virginia Center for
End-of-Life Care

e-Directive Registry

877-209-8086 (toll-free)



DNR Card (Do Not Resuscitate)

CPR Is Performed By:

- Putting the patient flat on their back on a firm surface.
- Opening the patient's mouth and airway by lifting the chin forward.
- Checking whether the patient is breathing by listening for breath sounds and looking for the chest to move.
- Using a face mask or medical equipment with oxygen to get air into the patient's lungs.
- Compressing the chest if the heart isn't beating. Machines may be used.

Also:

- The Fire Department or Emergency Medical Services (EMS) responds to the 911 call and takes over when they arrive.
- EMS can only follow DNR orders documented in a DNR card or POST form.
- Advance directives (such as a Medical Power of Attorney or Living Will) with DNR requests in the special directives or limitations section can only be honored by non-EMS health care providers.

Submit your DNR card and other forms to the WV e-Directive Registry so they can be available to your treating health care providers.
Learn more at:
www.wvendoflife.org/Registry

Machines that may be used during CPR:

- **Automatic External Defibrillator (AED):** reads the heart rhythm and can deliver electric shocks to restart the heart.
- **Cardiac monitor:** reads the heart rhythm.
- **Cardiac defibrillator:** delivers an electric shock to restart the heart.
- The Fire Department or EMS may bring in an external device that supports CPR. This machine does the chest compressions.

The WV Center for End-of-Life Care respects your right to choose your medical treatment and encourages you to create an advance care plan to make your wishes known. If you have questions about advance care planning, contact the Center today. We are here for you.



e-Directive Registry

877-209-8086 (toll-free)

registryinfo@hsc.wvu.edu

844-616-1415 (fax)

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